VO-M – Menu Bar

VO-N – Notifications

VO-V- Typing Echo

VO-X – Activity Chooser

VO-K- Keyboard Help

VO-H – VoiceOver Help

VO-F – Search text

VO-D – Dock

VO-O – Notification Center

VO-I – Item Chooser

VO-U – Window Spots

VO-Q – Single Key Quick Nav On/Off

VO-F8 – VoiceOver Utility

VO-Fn-Left – Home

VO-Fn-Right – End

Quick Web Navigation

R – Radio Group

T- Table

D – seems to go through everything

F – Text field

G – Image

H – Heading

J – form element

L – Links

X – Lists

C – Checkbox

V – visited link

B – button

M – Last same heading